# McMenamins <br> MURRAY © ${ }^{\circ}$ HLLEN PUB <br> A neighborhood place for family \& friends 

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# DIETARY RESTRICTIONS MENU Dairy Free © Gluten Free © Gluten-Free Bun available Vegan $\boldsymbol{\otimes}$ Vegetarian © 

LUNCH \& DINNER<br>Kid's Cheese Pizza (v) Kid's Pepperoni Pizza

Kid's Hummus pita bread \& veggie sticks $\mathbb{D} \otimes \mathbb{V}$. Pee Wee Beans \& Rice rice, black beans \& cheese $\boldsymbol{\Theta}$ ©

Items below are served with your choice of veggie sticks, fresh-cut fries, or tater tots
Grilled Cheese Sandwich ooey-gooey cheesy goodness! (v) . Hot Dog $1 / 4-\mathrm{lb}$ all-beef dog with relish $\boldsymbol{D}$
Kid's Scooby Snacks - Chicken Fingers two crispy chicken tenders \& ranch dressing
Mini Burger your choice of an all-natural beef or locally made hemp patty on a bun with pickles or double the fun with two mini burgers

STARTERS
Good Honest Soup VARIES cup 4 / bowl 5

Garlic-Parmesan Knots (V)
zesty tomato sauce 6.25
Fresh-Cut Fries or Tater Tots
$\mathrm{DG} \otimes \vee$ as is or add seasoning of your choice... 5 / 8 Cajun peppercorn ranch $5.50 / 9$ © (V)

Greek tzatziki sauce $5.50 / 9$ G $\mathbb{V}$ Truffle black garlic aioli 5.50/9 DG(V)

Sweet Potato Fries D © (V)
Dark Star mayo 8.50
Spinach \& Artichoke Dip G V freshly made tortilla chips 8.75

Scooby Snacks
mini corn dogs served with
yellow mustard 8.75
Hummus (v) marinated olives, veggies, feta, pita bread 9.75

SALADS
Pub Green (V) mixed lettuces, grape tomatoes, cucumber, marinated red onion, croutons, Parmesan cheese \& your choice of dressing 5.75/8.75

Brewer's (V) blue cheese crumbles, hazelnuts, marinated red onion, cucumber, tomato, Ruby-raspberry vinaigrette 5.75 / 8.75

Hail! Caesar romaine, garlic croutons, Parmesan, Caesar dressing 6/9

Blue Bayou $G$ bacon, chopped egg, tomato, romaine, blue cheese crumbles \& dressing 7/10

Aztec © (V) romaine, corn \& black bean salsa, avocado, tortilla strips, cheddar cheese, tomato, jalapeño, cilantro, onion, chipotle dressing 7.50/10.50

ADD PROTEIN grilled or crispy chicken 4.50
WRAP IT UP! in a warm flour tortilla 1

MURRAY \& ALLEN PUB SPECIALTIES
Baja Bowl © (V) black beans, rice, avocado, chipotle pico de gallo, cilantro sour cream, jalapeño, onion, corn tortilla strips 8.75

T-N-T Basket crispy chicken tenders, tots, peppercorn ranch, buttermilk coleslaw 12.75
Ale-Battered Fish \& Chips wild Alaskan cod, fresh-cut fries, tartar sauce \& buttermilk coleslaw 14.75

Pizza made with our housemade dough
Substitute a small vegan, gluten-free pizza crust for 3 dollars**
Electric Mayhem (v) pesto sauce, feta cheese, sundried tomatoes, roasted garlic, Greek olives \& fresh basil 11.75 / 27
The Omnivore pepperoni, sausage, red onion, mushrooms, black olives, mozzarella \& Parmesan cheeses 12.25/28
Hammerhead BBQ Chicken garlic-roasted chicken, smoked mozzarella, bell pepper, red onion \& fresh cilantro with Hammerhead BBQ sauce 12.50/29

SANDWICHES Served with your choice of fresh-cut fries or tater tots
Fireside Roasted Turkey herb-roasted turkey, Fireside-cranberry relish, Swiss cheese, secret sauce, lettuce, tomato \& red onion on whole wheat bread half 8 / whole 11

Local Gyros cucumber, red onion, lettuce \& tomato in a warm Greek-style pita
Bean \& Seed $D \otimes$ 『 hemp patties, hummus, tahini sauce 10.25
Traditional seasoned beef with tzatziki sauce \& feta cheese 11.50
Tuna Melt our dill tuna salad, Tillamook ${ }^{\circledR}$ cheddar, tomato, grilled rustic rye bread 10.50
Portland Dip turkey, grilled mushrooms, Swiss cheese \& secret sauce on a roll with garlic jus for dipping 12

El Diablo spiced chicken breast, pepper jack \& avocado on a bun with chipotle mayo, lettuce, tomato \& red onion 13

Lighthouse Fish Sandwich ale-battered cod \& Tillamook ${ }^{\circledR}$ cheddar served burger-style with tartar sauce 13

Reuben Kincaid hot pastrami \& Swiss cheese with sauerkraut \& 1000 Island dressing on grilled rye bread 14

Substitute a small green salad or cup of soup for 1 dollar

B U R G ERS served with your choice of fresh-cut fries or tater tots
6-0z fresh Country Natural Beef* or Hammerhead garden (V) patty on a bun with lettuce, tomato, red onion, pickles \& secret sauce 9.50

Cheeseburger 10.50 Bacon Cheeseburger 12
Dungeon Swiss cheese \& grilled mushrooms 11.50
Communication Breakdown Tillamook ${ }^{\otimes}$ cheddar,
grilled mushrooms, onions \& bell peppers 11.50
Captain Neon blue cheese dressing \& bacon 12
Wilbur's Jumbo Deluxe bacon, Tillamook ${ }^{\oplus}$ cheddar \& a fried egg 13
Substitute a small green salad or cup of soup for 1 dollar
Substitute a gluten-free bun for 2 dollars**

